



\* \* \* \* \* **Food Bank News Update** \* \* \* \* \*

**Unprecedented Number Seeking Emergency Food  
in North Carolina**

*This just in...*

A new study released last week reveals that more than **545,000 people** receive **emergency food each year** through the Food Bank & its network of partner agencies. **Twenty-nine percent** are **children under 18** years old while 30% have at least one adult working in the household.

Hunger in America 2010 is the most comprehensive study conducted on domestic hunger and captures a significant connection between the recent economic downturn and an increased need for emergency food assistance. Feeding America, and a network of Food Banks, nationwide collected quantitative and qualitative feedback from **61,000 face-to-face in-depth interviews** with people seeking emergency food assistance and more than 37,000 agency surveys.

Forty percent of the households in the Food Bank service territory have to choose between **paying for food or paying utilities**; 33 percent have to choose between **paying rent or mortgage and paying for food**.

"These are choices that no one should have to make, but particularly households with children. Insufficient nutrition has adverse effects on the physical, behavioral, and academic performance of children," said Vicki Escarra, president and CEO of Feeding America. "It is critical that we ensure that **no child goes to bed hungry in America** as they truly are our engine of economic growth and future vitality."

It's vital that we **spread the word about hunger** in our region so that we can continue to provide meals to the increased number of North Carolinians who are going hungry every day. How can you help? **It's easy!**

Please tell 5 friends and ask them to tell 5 more friends  
about the 2010 Hunger in America Study.

**TELL A FRIEND**

[Make a difference - help us spread the word!](#)

[Read more about Hunger in America 2010.](#)

[YouTube Button](#)



*Fighting Hunger in 34 Counties... so no one goes hungry.*

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*The Food Bank of Central & Eastern North Carolina provides food and non-food essentials to 800 partner agencies in 34 counties so no one goes hungry in central and eastern North Carolina. For every dollar donated, the Food Bank can provide \$8.00 worth of food or 4 meals.*

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